



The '*Can Do*' Initiative

Managing Mental Health and Substance Use in General Practice

‘Can Do’

- **About ‘*Can Do*’**
- **About the teams**
- **The education model**
- **Education and training content**
- **How it works at the Division level**
- **Building infrastructure**
- **Youth component**

National Initiative

- **Funded in November 2005 by the Australian Government Department of Health and Ageing (Drug Strategy Branch)**
- **Part of the National Comorbidity Initiative**
- **Approximately \$1 million over 2 years**
- **A pilot program**

Themes

- Capacity building
- Build on assets and strengths
- Promote a '*Can Do*' approach
- Is this a good model of education and training?

Objectives

- **Improve the capacity of general practice and divisions to respond to service users with mental health, substance use and other complex vulnerabilities**
- **Support national implementation of a structured education and training program to up-skill general practice in the coordination of care and treatment of service users with mental health, substance use and other complex vulnerabilities**
- **Facilitate and strengthen networking between general practice teams and community health teams, to improve coordination of care for people with drug and mental health needs**
- **Investigate the needs of both general practitioners in working with young people with drug and mental health issues and the needs of young people**

Expected outcomes

- **General practice better equipped**
- **Improved synergy between service providers and service users**
- **Evaluated, good practice model of education in place in primary health care settings**
- **Needs and strategies for young people identified (for effective coordination of care in primary health care settings)**

Evaluation

- **Independent evaluation**
- **Evaluation framework and plan developed early**
- **Indicators set at system, event and individual level**

About the teams

- Education and training is focused on two teams of health professionals:
 - General practice *and*
 - Community health teams
- (especially those working in alcohol and drug, mental health and community pharmacy services)



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About the education model

- ***Teams of Two*** national comorbidity networking workshops
- Clinical education for general practitioners and allied health professionals
- Train the trainer workshops
- Rural Health Education Foundation satellite broadcast
- Infrastructure support at the SBO and national level

Resources

- **CD rom and web based**
- **Training delivered face to face at the local level**
- **Materials include everything a Division/trainer needs in one package**
- **Key national resources are included and web links indicated**

Education and training content

- Alcohol and depression
- Benzodiazepines and anxiety
- Cannabis, mental health and young people
- Amphetamines and psychosis
- Drugs, pain and opioid dependence
- Drugs, sexual health and pregnancy

Implementation

- **ADGP coordinates nationally**
- **SBO is the broker for education and training**
- **Formal MOU between ADGP and SBOs**
- **Resources for SBOs**
- **Orientation at State level**
- **Funds to Divisions for roll out**



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Strengthening infrastructure and partnerships

- Investigation of clinical education placements for *'Can Do'*
- A 'Phase 2' planned with the support of the Department of Veterans' Affairs
- On line interactive training package
- Investigate co funding options with State and Territory Governments
- Link with *headspace* for youth stream



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Time Frame

2006

Development and Establishment Phases

- Resource development
- RHEF satellite broadcast
- Evaluation framework and pre testing
- Release of funds to SBOs
- Promotion of the education and training

2007

Implementation and Review Phases

- State/Territory-based orientation workshops
- Regional and metropolitan networking workshops
- Clinical education sessions
- Evaluation
- Pilot completes in November 2007



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