

Respecting Patient Choices

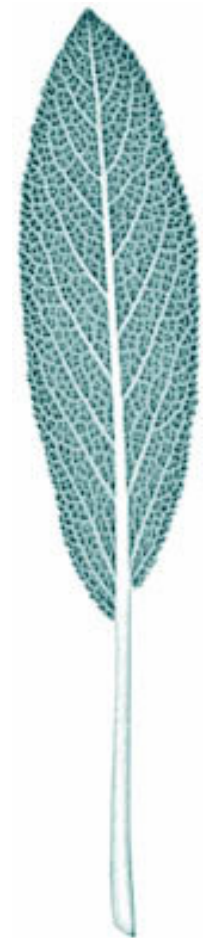
**Liz Stickland, Program Manager
Lynne Jackson, Project Officer
Austin Health**

August 31st 2006

What is RPC?

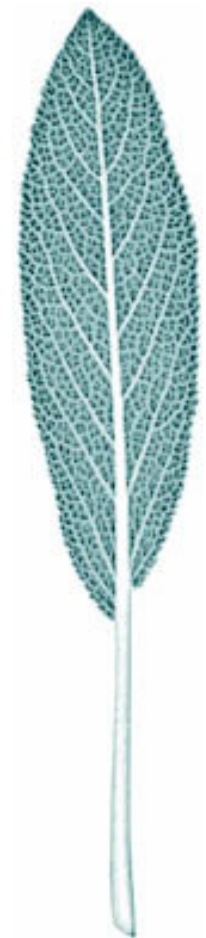
Advance Care Planning Program that:

- Trains health care providers to facilitate discussions about advance care planning.
- Assists health care providers with the documentation of Advance Care Plans.
- Catalyses the organisation system changes to support advance care planning.



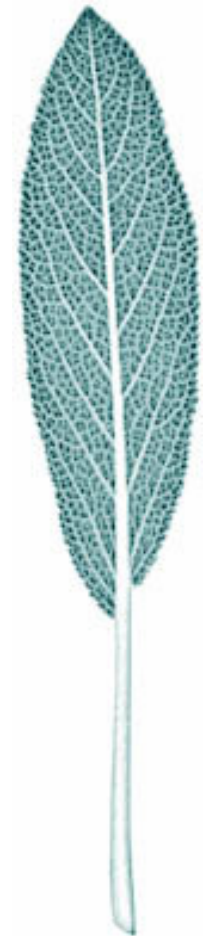
Where is RPC

- Victoria
 - Austin Health – 17 RACFs
 - Palliative Care (Banksia and Melbourne CityMission)
 - Eastern Health – 6 RACFs
 - Northern Health – 1 RACF
 - Barwon Health – 2 RACFs
 - South West Healthcare (Warrnambool)
 - Southern Health



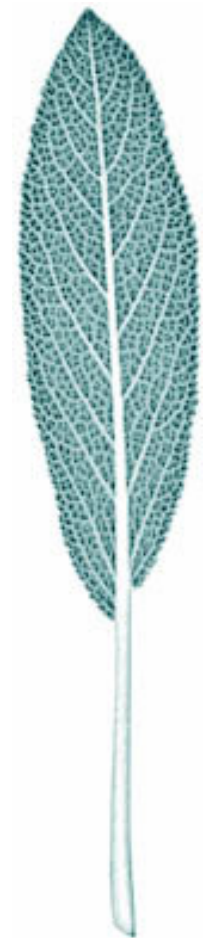
Interstate

- Interstate roll out
 - SA The Queen Elizabeth Hospital
 - QLD Townsville Hospital
 - NSW John Hunter Hospital
 - WA Fremantle Hospital
 - TAS Royal Hobart Hospital
 - ACT The Canberra Hospital
 - NT Royal Darwin Hospital



How funded

- Australian Government DoHA
 - RACF pilot and Pall Care community implementation
 - Interstate implementation
- Victorian Government DHS
 - Lead site (Austin Health)
 - Sites in Victoria

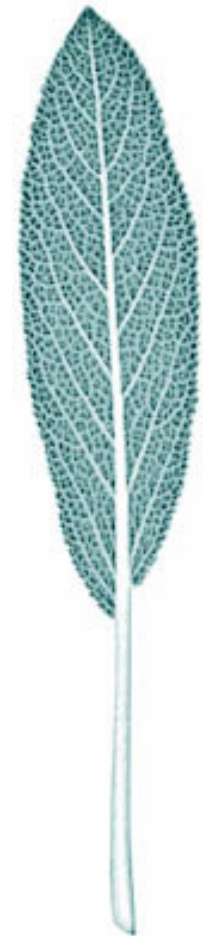


Why Respecting Patient Choices?

Evaluation of RACF implementation

1108 residents in 17 RACFs over 2 years

- Median age 86 years
- 76% female
- 37% competent
- 38% incompetent
- 25% uncertain competence



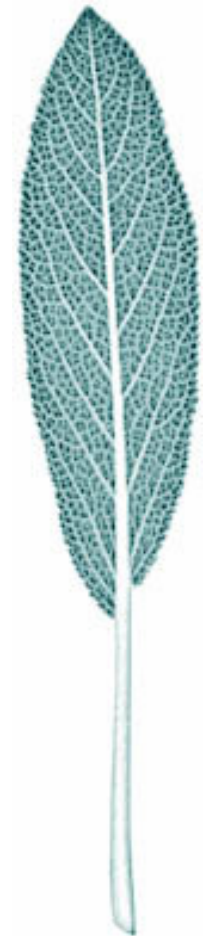
What was the impact of RPC Program?

- 51% of 1108 residents were introduced
 - 565 introduced
 - Only 12 residents refused further discussion (declined)
- Of those introduced, 52% residents and/or families completed Advance Care Plans
 - 42% completed by resident
 - 58% completed by family on behalf of incompetent resident



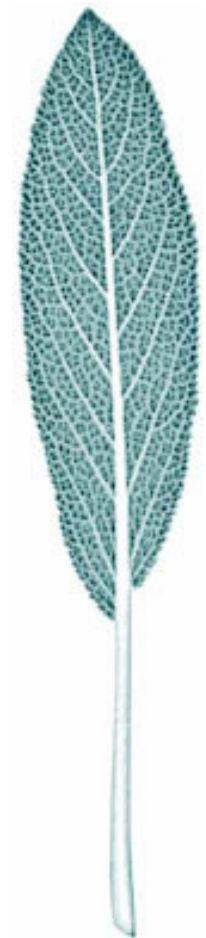
What was requested?

- **90%** requested to receive **no life-prolonging measures**
- **87%** requested symptom and pain management
- **34%** requested to be **cared for at the facility** at end-of-life
 - 17% requested brief admission to hospital
 - 6% requested admission to hospital for aggressive treatment
- Many other personal requests



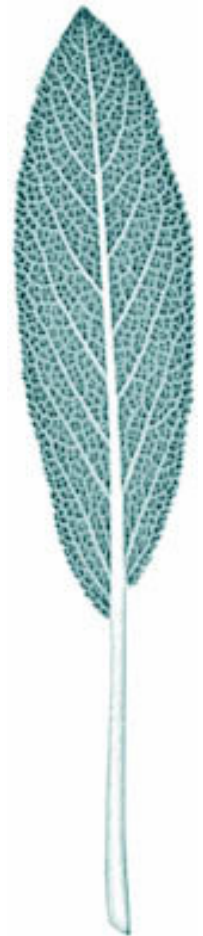
What were the outcomes?

- 16% (180) of residents died during the 2 year evaluation
- 58% of the deceased residents had been introduced to RPC
- Of these, 89% had advance care plans (ACP)
- **100% of their wishes were respected at EOL**
- 85% of those with ACPs received EOL care in their facility
 - cf 33% of those without ACPs ($p < 0.0001$)
- Likelihood of dying in hospital is much greater without RPC introduction: 46% vs 18% ($p=0.0002$)



RPC Model for GP Divisions

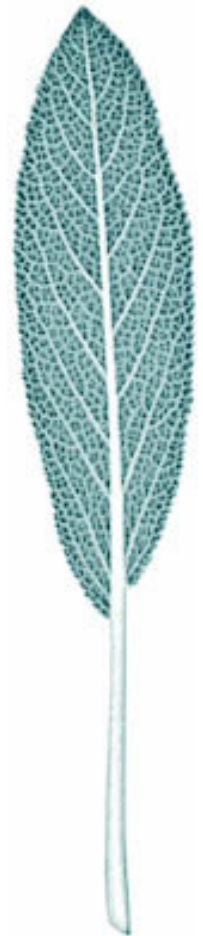
- What is on offer?
- Why offer to GP Divisions?
- What are the implications?



Model for GP Divisions in Victoria

- **Level One**

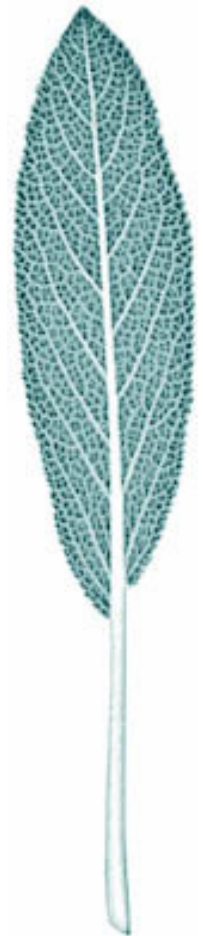
- Continue with business as usual - current level of support to aged care homes (if any) surrounding end-of-life care.



Model for GP Divisions in Victoria

- **Level Two**

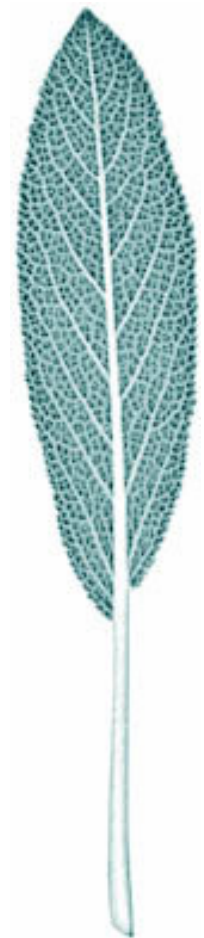
- Agree to receiving, copying and preparing for distribution, and then disseminating an advance care planning Kit for RACFs (prepared kit with information, resources and materials including the RPC advance care planning DVD).
- Master Kit provided.



Model for GP Divisions in Victoria

- **Level Three**

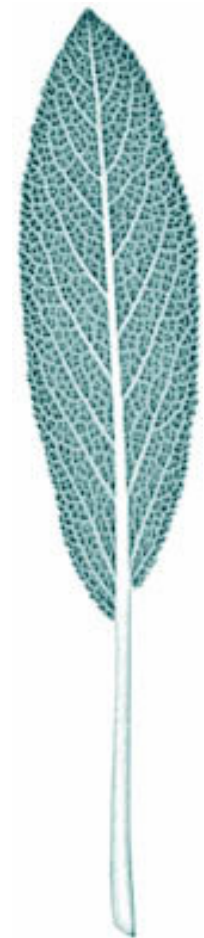
- Commit to Level Two
- Send Aged Care Program staff to the 2-day RPC Consultant Training Course provided by Austin Health (if have not already attended).
- Purpose: to gain additional knowledge and skills in advance care planning and understand system issues with implementing RPC Program.



Model for GP Divisions in Victoria

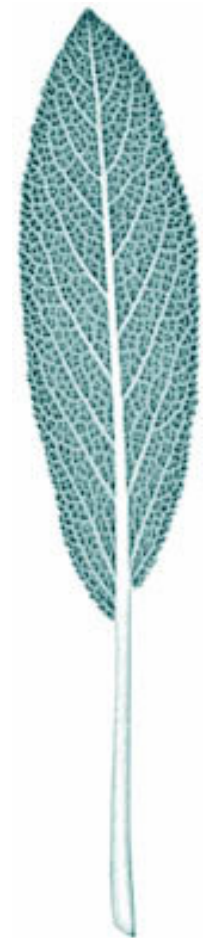
- **Level Four**

- (Following on from Level Three).
- Support aged care facilities with system changes necessary for successful advance care planning processes.
- Attend 2 hour session on RACF preparation at GPDV
- Support aged care facility staff to attend 2-day RPC Consultant Training Course.
- Austin Health RPC Project Officer to support GP Division (Aged Care Program staff) with a help desk (phone) and written materials.



GP Education

- **CPD Activity**
 - **Respecting Patient Choices**
 - **Number 706 845 / 9th June 2004**
 - **RPC Sites in GP Division areas have offered to support divisions with any sessions.**
 - **Contact your RPC Site**



www.respectingpatientchoices.org.au

