



Access to Allied Health Services Projects: Minimum Dataset

March 2004

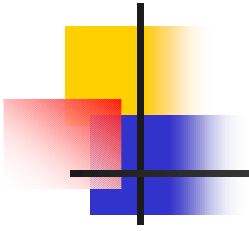
**Program Evaluation Unit
School of Population Health
The University of Melbourne**

Evaluation Team:

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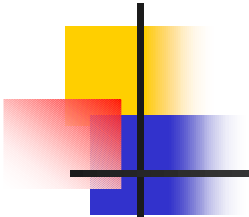


Major aims

- To identify number of people accessing AHS
- To describe who is accessing AHS in terms of sociodemographic and clinical characteristics
- To provide an overview of the services they are receiving

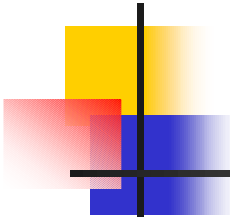


Minimum Dataset: Patient Data



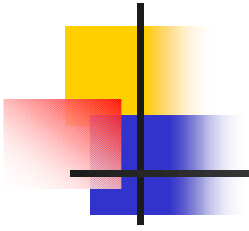
Divisions entering MDS data

State	Divisions	Percentage	Round 1	Round 2
VIC	14	74%	9	5
NSW	10	63%	4	6
QLD	8	67%	2	6
SA	4	50%	1	3
WA	4	57%	1	3
TAS	3	100%		3
NT	1	100%	1	
Total	44	64%	18	26



Participation in the AAHSPs

State	Patients	GPs	AHPs
VIC	1432		73
NSW	506		20
QLD	442		24
SA	332		12
WA	163		7
TAS	111		10
NT	22		2
Total	3008	639	148



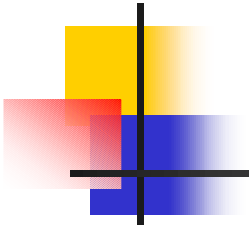
Sociodemographic characteristics

Gender:

- 1985 Female (66%)
- 666 Male (22%)

Age:

- 6 to 92 years of age



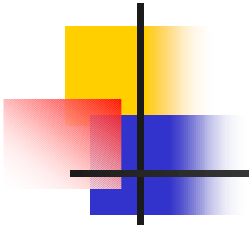
Sociodemographic characteristics

Language:

■ English	2371
■ Greek	11
■ Italian	19
■ Mandarin	6
■ Cantonese	5
■ Arabic	1
■ Vietnamese	1

Other:

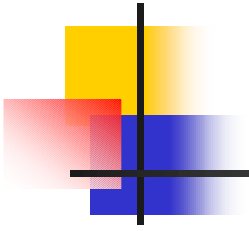
■ Turkish	17
■ Spanish	10
■ French	5
■ Russian	4
■ Dutch	4
■ German	3
■ Croatian	2
■ Danish	2
■ Hindi	2
■ Indonesian	2



Sociodemographic characteristics

- English level:

Not at all	3 (3%)
Not well	23 (20%)
Well	22 (19%)
Very well	68 (58%)



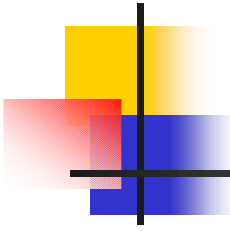
Sociodemographic characteristics

Aboriginal origin:

- Yes 49 (2%)
- No 2125 (71%)
- Unknown 634 (21%)

Torres Strait Islander origin:

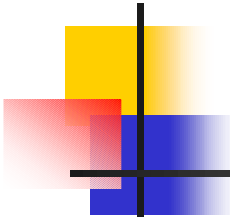
- Yes 4 (<1%)
- No 2159 (72%)
- Unknown 631 (21%)



Sociodemographic characteristics

Lives alone:

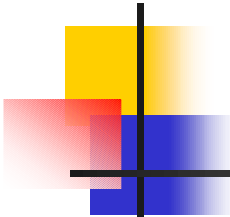
- Yes 403 (13%)
- No 1728 (57%)
- Unknown 671 (22%)



Sociodemographic characteristics

Low income:

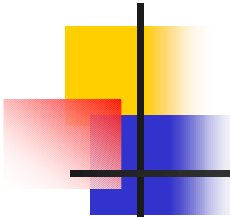
- Yes 1614 (54%)
- No 573 (19%)
- Unknown 605 (20%)



Sociodemographic characteristics: Education

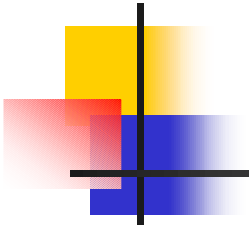
Education:

- Primary or below 87 (3%)
- Secondary: Year 10 649 (22%)
- Secondary: Year 11 289 (10%)
- Secondary: Year 12 390 (13%)
- Tertiary 435 (15%)



Clinical characteristics: Diagnosis

ICD-10 Diagnosis	Number	Percentage
F1 Alcohol and drug use disorders	152	6%
F2 Psychotic disorders	34	1%
F3 Depression	1923	74%
F4 Anxiety disorders	1494	58%
F5 Unexplained somatic disorders	118	5%
Other	366	14%
Total	2598	



Clinical characteristics: Diagnosis

Other responses:

- Adjustment disorder
- Anger management
- Panic disorder
- Sleep problems
- Bereavement
- Eating disorder
- Panic attacks
- Grief
- Obsessive compulsive disorder
- Mental disorder not otherwise specified



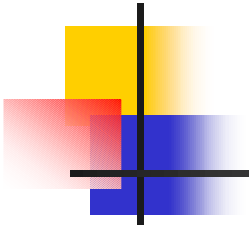
Clinical characteristics: FPS

FPS referred for:	Number	Percentage
Diagnostic assessment	1481	62%
Psycho-education	937	39%
CBT- Behavioural	1100	46%
CBT - Cognitive	1460	61%
CBT- Relaxation	864	36%
CBT - Skills training	532	22%
CBT - Other	386	16%
Interpersonal therapy	2398	



Clinical characteristics: Medication

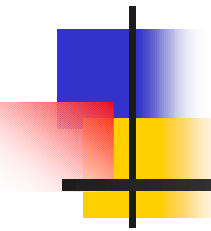
Psychotropic Medication	Number	Percentage
Benzodiazepines & anxiolytics	182	12%
Antidepressants	1387	89%
Phenothiazines & major tranquillisers	116	7%
Mood stabilisers	51	3%
Total	1559	



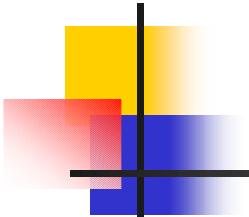
Clinical characteristics

Specialist Mental Health Care:

- Yes 799 (27%)
- No 1105 (37%)
- Unknown 847 (28%)

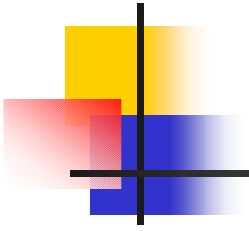


Minimum Dataset: Session Data



Treatment characteristics

State	Divisions	AHPs	Sessions
VIC	11	73	
NSW	7	20	
QLD	7	24	
SA	3	12	
WA	2	7	
TAS	3	10	
NT	1	2	
Total	34	148	6047

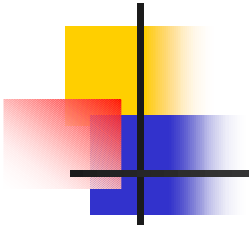


Treatment characteristics

- Session type:

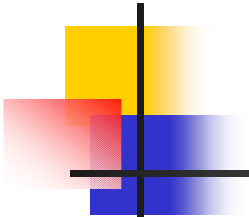
Group	89 (2%)
Individual	5784 (96%)
- Duration:

0-30 mins	534 (9%)
31-45 mins	455 (8%)
46-60 mins	4153 (69%)
over 60 mins	481 (8%)



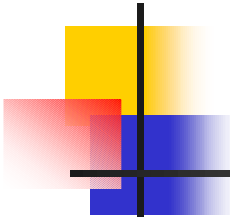
Treatment characteristics

- Co-payment:
 - Range from \$5 to \$65
 - Majority \$5, \$10 or \$20
 - Collected for 556 sessions
 - 9% of total sessions



Treatment characteristics: FPS

FPS received:	Number	Percentage
Diagnostic assessment	1406	26%
Psycho-education	1576	29%
CBT- Behavioural	2500	46%
CBT - Cognitive	3278	60%
CBT- Relaxation	1477	27%
CBT - Skills training	1092	20%
Interpersonal therapy	1111	20%
Total	5480	



Minimum dataset contacts

- Website:

<http://www.ahpilots.strategicdata.com.au/>

- Central email:

ahpilots@strategicdata.com.au