



SHARED CARE

WHAT IS IT?
WHO IS IT FOR?
HOW DO YOU DO IT?

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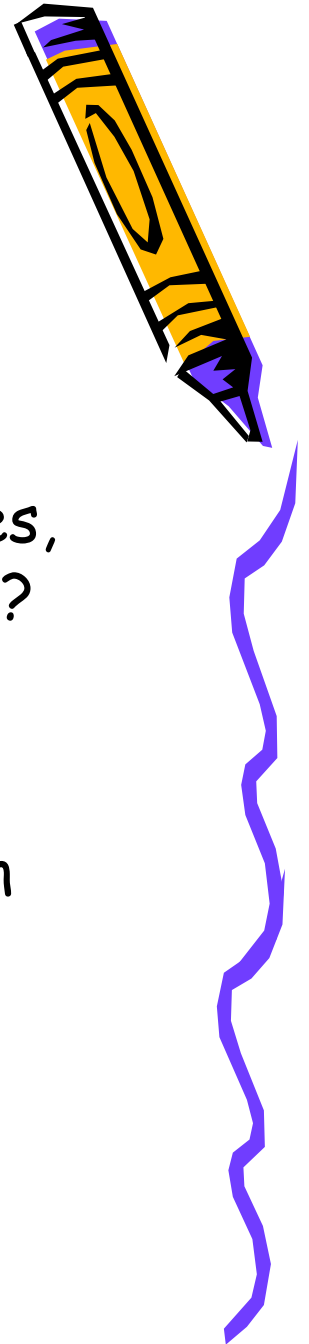
WHAT DOES IT MEAN?

- SHARED

patient, disease, Ix results, management, notes,
from time of referral or time seen at hospital?

- CARE

medical, psych-social, family, after-care, when
does it start and when does it stop?



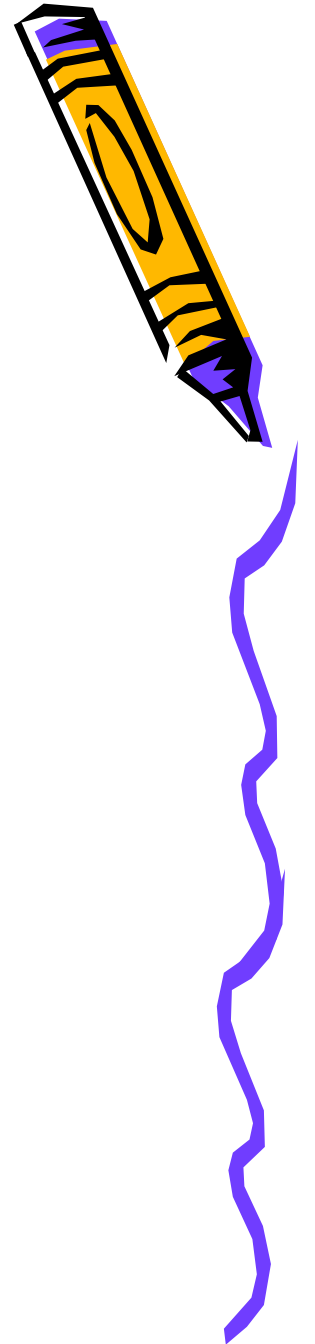
WHO IS IT FOR?

THE PATIENT?

THE GP?

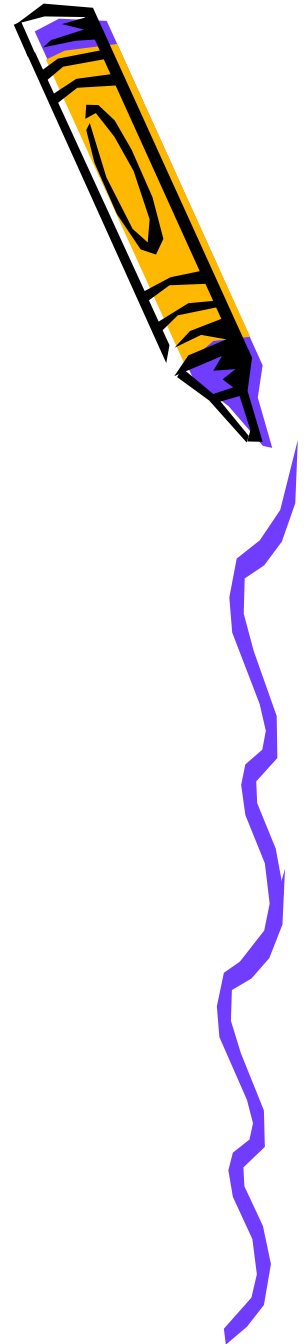
THE HEALTH SERVICE DRs AND
NURSES? or

THE HOSPITAL?



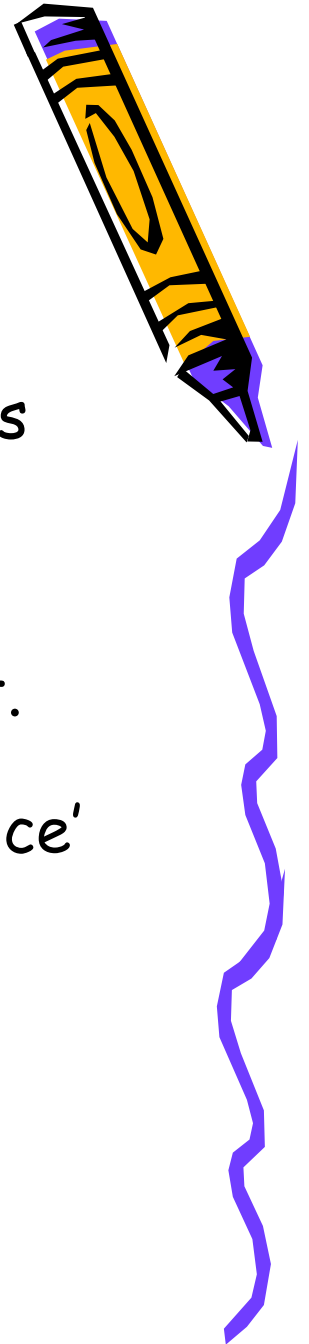
WHY DO WE DO SHARED CARE?

- IMPROVE HEALTH OUTCOMES (of course)
- Keeps patients out of hospital
- OPTIMISING USE OF SKILLS
- Access for patients
- CHOICES FOR CARE
- Share resources
- EFFICIENCIES
- Ensure best practice
- HOLISTIC APPROACH
- It's fun



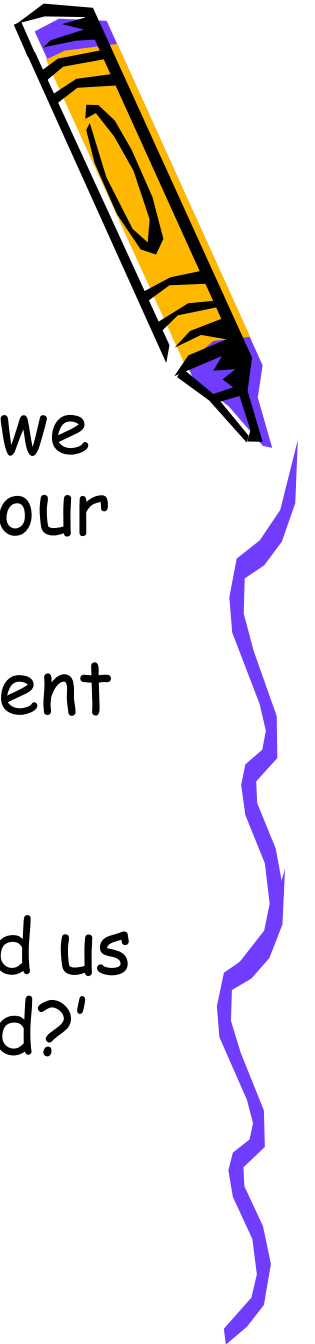
What AHS asks for:

- 'We want GPs to give us the latest Path results they have'
- 'We want GPs to see the walking well for Pre-admissions'
- 'We want GPs to do the work-up before the pt. comes to hospital'
- 'We want to discharge patients from our service'
- 'We want GPs to look after the stable chronic patients'
- 'We want GPs to know what we do'



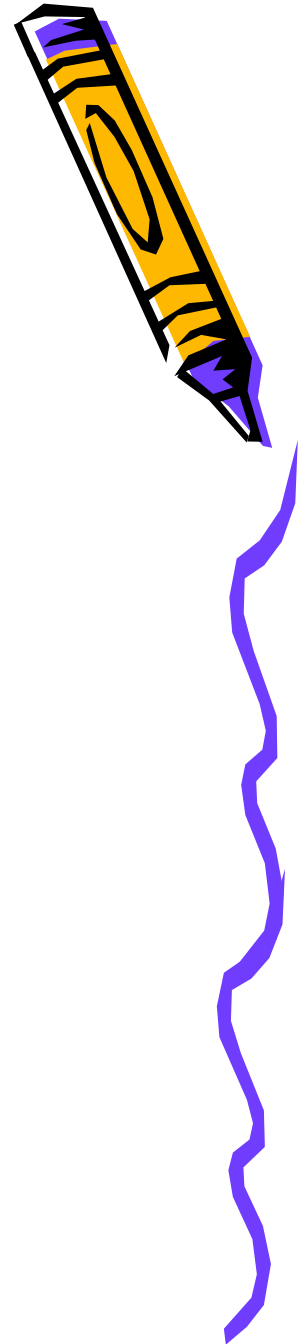
Let's rephrase those questions:

- 'Our Service has this much capacity, if we worked with the GPs we could increase our capacity'
- 'How do GPs work with this type of patient and what can our service do to support them?'
- 'We send GPs all this stuff and GPs send us all this stuff. What do we all really need?'



I encourage shared care clinicians to:

- Get to know your GPs
- Talk to GPs about 'patients'
- Try and decrease paperwork
- Find out how a GP likes to receive communication
- Find out if GPs want education and how they would like it



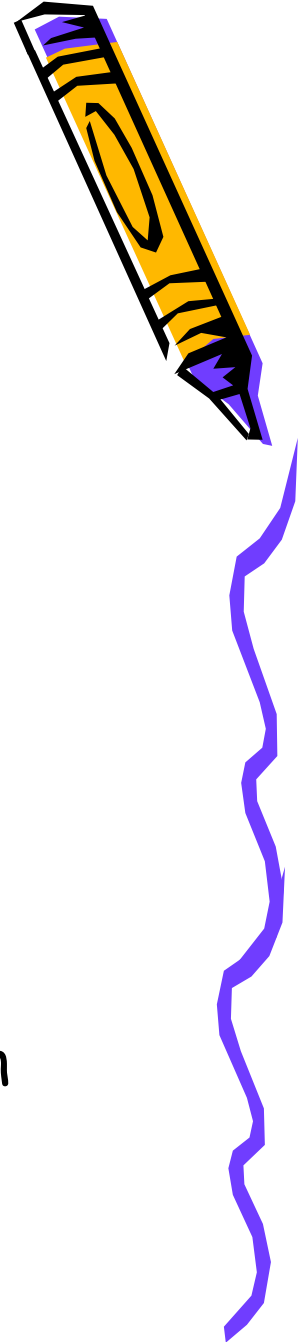
It works if.....

- It works if the clinical specialists are behind it
- It works if GPs like the work and feel supported
- It works if there is agreement on how to deal with unstable patients
- It works if communication is a priority
- It works if the system is managed
- It works if clinicians are kept informed



One size never fits all

- Hence no guidelines
- Instead we have a chance to work creatively
- Jump at the chance to design a shared care program
- Get feedback from the GP Division on the feasibility
- Be sure you are clear on what AHS is trying to achieve
- Get to know GP speak
- Look for efficiencies / be aware of limitations
- Make sure everyone who is interested has been invited to the planning



How then?

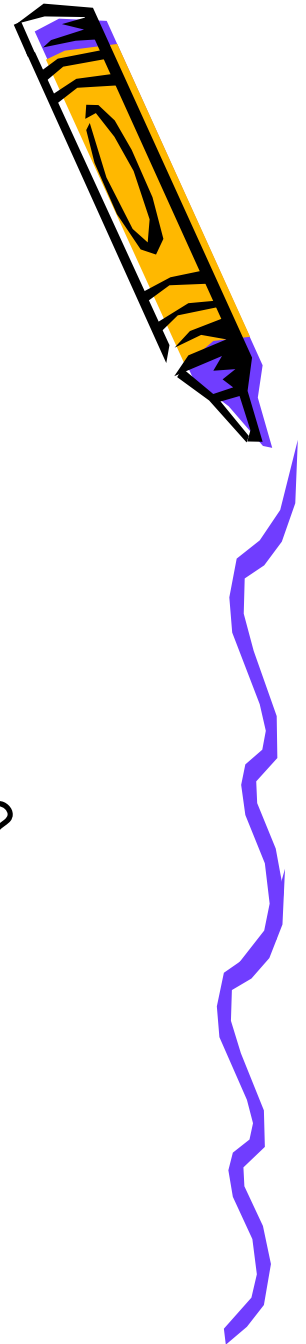
Step one: What does your service provide?
How does your service work?

Step two: Do you work with GPs?
How do you work with GPs?

Step three: What do you want to achieve?

Step four: This is how GPs work, how can we link with GPs?

Step five: We need to find out how many GPs will be
interested and how we can work together?



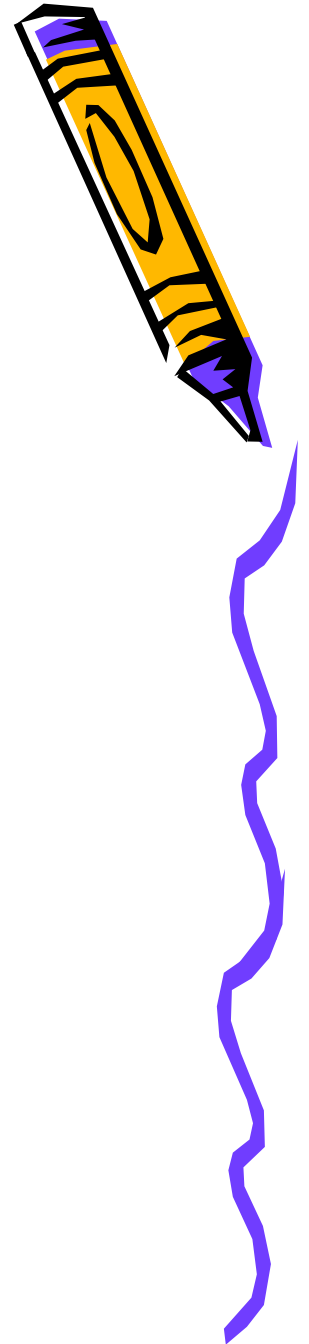
How do you work with the "other side"?

- LINKED = Info provided when asked;
you ask when you need it
- COORDINATED = Info flows
routinely in both directions
- FULLY INTEGRATED = use a common
record as part of daily
joint practice and management



The multiple personalities of Shared Care

- Antenatal
- Mental health/GP
- D&A
- Hepatitis C
- APAC/GP
- Palliative Care
- Clozapine



WHAT KEEPS US GOING?

- Team work
- Creative thinking
- Bob the builder philosophy
- Bouncing energy
- It is fun
- The networks enable problems to be easily sorted

