

GPs Multiple Immunisations Skills—*What are you afraid of?*

Research has shown that parent's fear of multiple immunisations is the fear of an exponential increase in side effects, not the number of vaccinations. Since this increase in side effects is not the case, a child will not get 5 times a higher fever or 5 times more ill with 5 simultaneous injections, you can assure them that their fear is groundless. But what is yours?

The fact that the child is overdue, requiring such a large number to catch them up, indicates that this may be your **ONLY** chance to get them protected against these diseases.

Getting things in perspective of ensuring the parent and yourself understand that Meningococcal C, Measles, Whooping Cough etc. are not a comparison to a couple of minutes discomfort, some crying and a sore limb.

I have frequently given 5 injections and anecdotally find that the child cries no longer than one that cries from 1 or 2. Once they are picked up and comforted it's all over in a matter of a minute or so. ***Not so the distress from the diseases these vaccines protect from.***

When the chickenpox program commences, there will be a time when an 18mth. old child attends that has not had their 6,12 & 18mth. immunisations. Deal with it, get it done and let them get a cuddle and then you will have given them the best chance you can to stay well.

The Ultimate Catch-up

