

GPDV LIFESCRIPTS WORKSHOP

Wednesday the 7th and Thursday the 8th September
Arrow on Swanston

Day 1 Wednesday 7th September	<u>Time</u>	<u>Session content</u>	<u>Facilitator/</u> <u>Presenters</u>
	12.00	Lunch	
	12.30	Welcome & introductions	Aimee Black
	12.45	DoHA welcome & introduction to Lifescripts	Hilary Metcalf
	1.00	Why Lifescripts? Dissemination & introduction of 'Lifescripts' tools & resources.	Nancy Huang - Kinect
	1.30	Question time	Aimee Black
	1.45	Panel discussion with risk factor experts.	National Heart Foundation QUIT Nutrition expert Kinect Australia Southcity clinic
	3.15	Afternoon tea	
	3.40	Behaviour change: Motivational interviewing, the 5A's.	Jill Kelly – Whitehorse Division Good Life Club Program Manager
	4.30	Close	Aimee Black

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Day 2 Thursday 8 th September	<u>Time</u>	<u>Session content</u>	<u>Facilitator/ Presenters</u>
	9.15	Welcome and recap day 1	Aimee Black
	9.35	Small group 1: Lifescripts implementation - Division level scenarios	Roving small group leaders – GPDV staff
	10.10	Report back to larger group	Representative from each group
	10.40	Morning tea	
	11.10	Small group 2: Lifescripts implementation - practice level scenarios	Roving small group leaders – GPDV staff
	11.50	Report back to larger group	Representative from each group
	12.30	Lunch	
	1.15	Showcase current Division and general practice risk factor mgt programs	Central Bayside – Helen Plousi West Vic – Joanne Martin Central Highlands – Belinda Carra Knox – Rosa Gangemi
	2.30	Engaging/working with external partners: PCP integrated Health Promotion.	Kristina Basile - DHS
	3.00	Afternoon tea	
	3.30	Available funding	Belinda Caldwell
	3.45	Evaluation discussion	Aimee Black
	4.00	What do Divisions need from GPDV?	Aimee Black
	4.20	Questions & comments	
	4.30	Close and thank you	