

West Vic Division Active Script Enabler Model

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Active Script - Enabler Model

- GP identifies patient
- Refers patient to Physical Activity Community Enabler (PACE)
- Enabler phones patient
 - Initial, 3, 6, 9 & 12 month intervals
- Feedback to GP

Current Statistics

- 603 referrals
- 50 referring GPs
- 7 Enablers
- 73% female
- 27% male
- 58% weight issues
- 34% high blood pressure

July 05

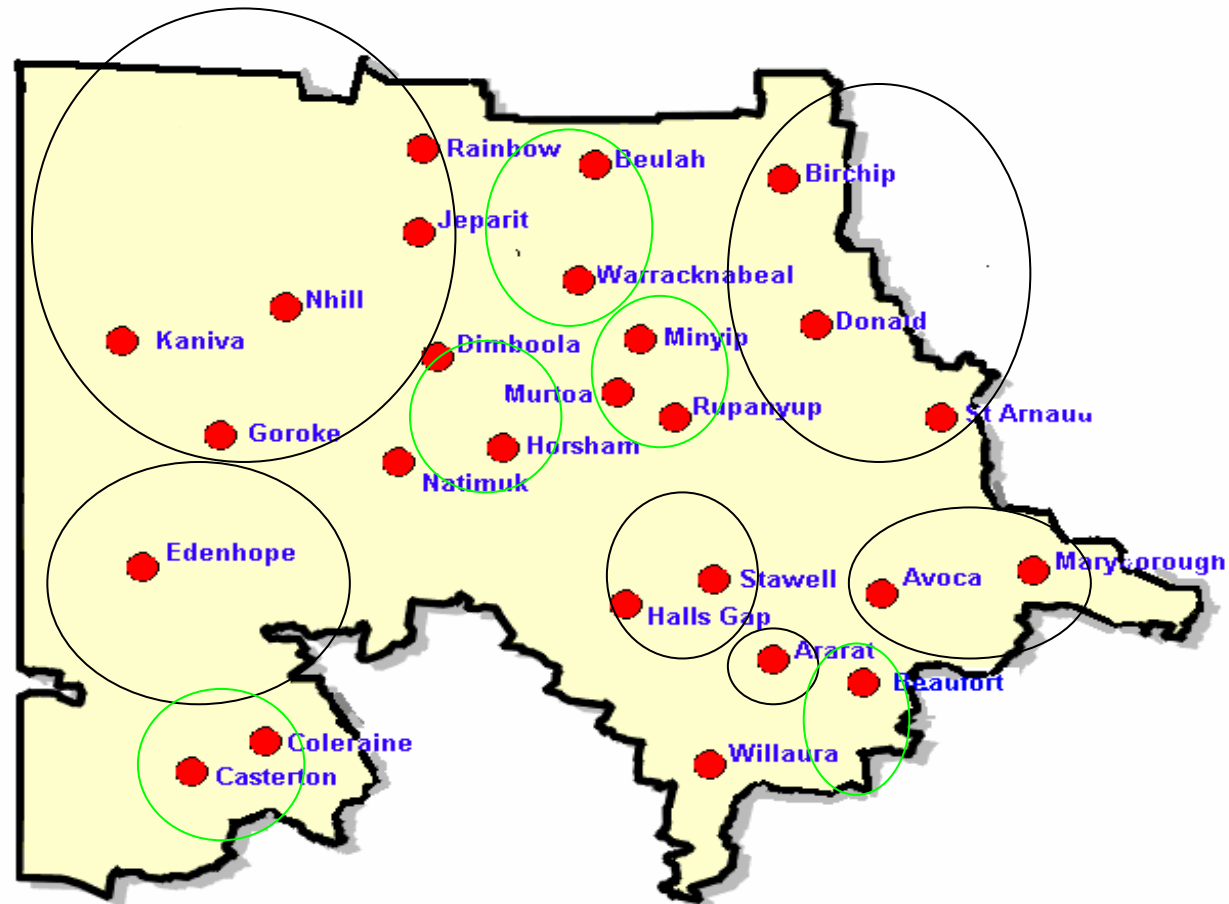
Enabler Model Features

- Enablers
- Referral system
- Integrated work plan

Enablers

- 7 Enablers
 - Dual roles
 - Part-time positions
 - Integrated into PD & work plans
- Funded through Health Service funding.
PCP supports Division role
- Division offers service co-ordination,
education, role support, advocacy,
quality system

Enablers



Referral System

- GPs want to participate in Population Health, so the System needs to support this
- Professional navigation with GP feedback
- In line with other Division referral systems

Integrated Work plan

- Division Board acknowledge involvement of Population Health
- Evidence
- Partnerships
 - Common core business
 - Valued outcomes
 - Individual marketing plans

Integrated work plan cont..

- Piggy-back on other successful interventions eg. Chronic Disease, HMR. Why are they working??
- Engage a GP champion
- 20:80 rule – go with the interested GPs
- CQI

Next Phase for West Vic

- Further 5 enablers (4 by Dec. 2005)
- Aim: 80% GP engagement (June 2006)
- Cement Enabler role in Health Services & Position Descriptions
- Extend Enabler role:
 - Group work
 - One-on-one
 - Nutrition

Key Points

- Board engagement & support
- Evidence & flexibility
- Resources AND Systems
- Invite participation NOT instruct
- Key partners are vital
- Use the gathered data for marketing

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