



Primary Mental Health Care Developments

A National Update

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Australian Divisions of **General Practice**

Mental Health Update...

- National Primary Mental Health Care Symposium program
- *headspace* : National Youth Mental Health Foundation
- COAG Budget announcements: what we know ?
- National Action Plan for Mental Health 2006 - 2011



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Mental Health Symposium

- *'This way to wellness'*: Exploring New Initiatives in Primary Mental Health Care
- Saturday 25th November 9am – 1pm
- Targeting Divisions program officers
- Plenary Session and workshops
 - Co-morbidity
 - Youth Mental Health
 - Evaluation
 - COAG Mental Health Measures



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National Mental Health Youth Foundation

- \$54 million over 4 years to implement:
- A centre of excellence – to consolidate and disseminate the evidence base, sponsor new research and promote best practice
- A service provider education and training program – to upskill and deliver interdisciplinary training across a wide range of health and community sector based professionals working with young people
- A community awareness program – to raise awareness of youth mental health issues, and promote mental health literacy and early help seeking
- A Youth services development fund – to support sustainable local integrated approaches to enhance and facilitate the coordination of services for young people with mental health problems including those with associated drug and alcohol problems.



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National Mental Health Youth Foundation

- ADGP – Orygen Research Centre – Brain & Mind Research Initiative – APS
- Up to 80% of funding allocated to service enhancement grants via CYS
- Education & training component to be managed by ADGP and APS.
- www.headspace.org.au

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Welcome to the website for **headspace™** Australia's new National Youth Mental Health Foundation. **headspace** was officially launched in Sydney on 18 July 2006.

headspace will change the way that mental health services are delivered to young people across Australia with an emphasis on youth-friendly environments and improved accessibility.

Mental health and substance use issues are the number one health concerns affecting young Australians. **headspace** will support the implementation of major initiatives to improve the mental health, social wellbeing and economic participation of young Australians affected by mental illness, by promoting early and effective treatment. **Early intervention can make a huge difference to young peoples' mental health.**

Funding made available by the Australian Government will enable **headspace** to build a national platform for better access and quality care for teenagers and young adults aged 12 to 25 years. Strategies to do this will include: community awareness raising; improving knowledge of effective interventions and treatments; education and training activities; and, the provision of funds for the

**headspace:
where young
minds come
first**



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Mental Health COAG Budget 2006-2007

- \$1.9 Billion for whole of Government package to improve services over 5 years
 - Better access to psychiatrists, psychologists and GPs \$538 million
 - New Personal helpers and mentors \$284.8 million
 - New funding for mental health nurses \$191.6 million
 - MAHS and ATAPs type services in rural areas \$51.7 million



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National Action Plan on Mental Health 2006 - 2011

- Supports the Commonwealth commitment to mental health and details each states contribution
- Emphasises promotion prevention and early intervention
- Government to Government meetings have taken place
- SBOs will be involved in reference groups
- Strategic framework with emphasis on coordination and collaboration between
 - State Government
 - Commonwealth Government
 - Private and NGO providers

www.coag.gov.au/meetings/140706



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COAG Mental Health Measures: What we know ...

- **New Personal Helpers and Mentors \$83.6 million
Funding for NGOs through FACS IA**
 - To assist people with severe mental illness to access range of treatment, income support, employment and accommodation services.
 - Recognises the importance of community connectedness to promote resilience and sustain recovery
 - Opportunity for Divisions to be considered as NGOs and build links with NGOs eg integrate helper/mentors with GPs and practice staff through interagency training
 - **Implementation: July 2006**



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COAG Mental Health Measures: What we know ...

- New Personal Helpers and Mentors \$83.6 million
Funding for NGOs through FACS IA
- First priority for action under the National Action Plan for Mental Health – through state and territory reference groups
- Local consultation in Victoria 27th September
- Consider:
 - What infrastructure do we have to build on?
 - Interface of Psych-disability services with primary care?
 - Models that work – rural and urban
 - How would we like to see this rolled out?



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COAG Mental Health Measures: What we know ...

- Better access to psychiatrists, psychologists and GPs
\$538 million
 - *'Better access to mental health care by GPs, psychiatrists, clinical psychologists and other appropriately trained allied health professionals'*
 - November 2006, MBS item number for psychologists and Allied Health professionals
 - Sessions will be on referral from a GP
 - Use the 6 +6 formula as with ATAPS
 - rebate levels being negotiated
 - Differential rebates for clinical psychologists and other MH AHPs
 - Opportunities for Divisions to use business modelling with salaried psychologists and AHPs



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COAG Mental Health Measures: What we know ...

- **New funding for mental health nurses
\$191.6 million**
- **'Eligible private psychiatry practices, general practices, and other appropriate organisations including AMS to employ a mental health nurse'**
 - Working with the Severely mentally ill
 - Potential Divisions to employ mental health nurses to work with eligible practices
 - Support and builds on role of practice nurse in mental health
 - *Implementation : July 2007*



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COAG Mental Health Measures: What we know ...

- Mental Health Services in Rural and Remote Areas \$51.7 million
 - *Measure compliments new MBS mental health items for GPs, Psychiatrists, clinical psychologists and allied mental health*
 - Implementation through flexible funding to Divisions or alternative organisations such as Aboriginal and Torres Strait Islander Primary Health Care services
 - Implementation date: November 2006



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COAG Mental Health Measures

- How we will support you in the implementation phase:
 - Decision support and orientation for Divisions at the PMHC Symposium
 - New Website to house information and decision support
 - Flow charts, algorithms, frequently asked questions



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Discussion Questions

■ Helper mentors:

- What infrastructure do we have to build on?
- Interface of Psych-disability services with primary care?
- Models that work – rural and urban
- Current linkages and relationships with NGOs



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Questions, Issues Discussion

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